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Coaching Soccer: The Official Coaching Book Of The Dutch Soccer Association



Synopsis

This book is used throughout Holland as the foundation for coaching soccer. Chapters include: What is Coaching?, Reading the Game, The Dutch Concept, Teaching Techniques, What is 4v4?, Why 7v7?, Goalkeeper Training. The emphasis throughout is on the creation of optimal learning situations.

Book Information

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Customer Reviews

For coaching youth soccer ages U15 and younger this is all you need, seriously! Especially for those of us in the US where soccer is not as ingrained in our sporting culture as it is in the rest of the world. People here do not have the innate understanding of the game. The game is simple and complex at the same time, this book really clears up the areas a coach needs to focus on. There are some chapters that are not essential (about running a club or tournament), the middle is great. The brilliant part of this book is breaking the game down to mini size drills: 1v1, 2v1, 3v2, etc but no bigger than 4v4 to focus on attacking or defending. The key is 4v4 and smaller: every kid getting lot's of touches in real soccer situations (there's no standing in lines and dribbling thru cones in a real game). Also what to watch for and what to do when you see it is great for ideas and helping a coach solve the problems you see your team exhibit. I have read the US coaching manuals as required for getting my coaching licenses (free PDF's from US Soccer) and they just miss the mark, though they have some good info. I also thumb through every coaching book I see and they are usually ridiculously complex and not helpful at all. I had the benefit of growing up with a father from England that was a huge fan of the Dutch style of play and loathed the English long ball style. He also was one of a handful of people (in my hometown) that knew anything about the game, so he was the local guru of soccer coach, but also watching soccer matches with him allowed me to catch

on to the points of the game that people in the US just don't see, so I "get it" more than a lot of other soccer people in the US.

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